

INSTRUCTIONS OF EGD PROCEDURE

Do not eat or drink anything after midnight starting the night before the exam and continuing until after the exam.

Please do not take any medication(s) on the day of the procedure, until after the procedure**.

**You may continue to take those medications prescribed for blood pressure or heart conditions, but with as little water as possible.

Diabetics should avoid taking all insulin regulating medications the morning of the procedure, until after the procedure

DO NOT take any aspirin or aspirin-like products/blood thinners (i.e. ibuprofen) for at least 7 days prior to your procedure.

Please arrange for someone to take you to and from the facility. We cannot allow you to leave without someone there to assist you.

Arrive at _____

At _____ A.M. / P.M.

On _____

Please call if you have any questions at (713) 781-4600