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**STOP ALL ASPIRIN OR ASPIRIN LIKE PRODUCTS: Minimum 7 days prior to procedure: Aleve, Naproxen, Aspirin, baby aspirin, Ecotrin, Excedrin, Motrin, Ibuprofen and Advil. ( IT IS OK TO USE TYLENOL)**

### **Morning Colonoscopy Prep**

#### **The day before procedure:**

Start your day and remain on Clear Liquid diet all day the day before procedure.

In the morning prepare your Halflytely prep kit per instructions on the package and **Refrigerate.**

You may continue to take all routine medication as per schedule the day before procedure. (EXCEPT ASPIRIN OR ASPIRIN LIKE PRODUCTS)

**Clear liquid include:** Black coffee, Tea, Clear fruit Juice( e.g. Apple or white grape) chicken or beef broth/ bouillon, gelatin popsicles Gatorade and any type of cola ( pepsi, coke gingerale, 7-up or sprite. Ok to use products that are yellow or orange in color.

#### **THINGS TO AVOID**

**Avoid products that have: RED, BLUE or PURPLE dye especially in Gatorade or gelatin products; Avoid Milk, Cream or any Dairy products;No Alcohol.**

**At Noon** after a clear liquid lunch take the 2 time release bisacodyl tablets provided in the prep kit box.

After taking the tablets if you have a bowel movement then start drinking the Halflytely 1 cup (8oz) every 10-15 minutes until the bottle is empty. It is critical for you to complete the half gallon to ensure a clean colon in preparation for the procedure.

If you **do not have a bowel movement by 6pm begin** drinking the halflytely any per above instructions.

\*\*\* After you complete the bowel prep you may continue to have clear liquids (light clears such as sprite or gingerale) up to midnight.

**PLEASE DONOT TAKE ANYTHING BY MOUTH AFTER MIDNIGHT.**

**YOU MUST HAVE A RESPONSIBLE ADULT TO DRIVE YOU TO & FROM THE FACILITY ON THE DAY OF THE PROCEDURE.**

**ON THE MORNING OF PROCEDURE YOU MAY TAKE YOUR ROUTINE BLOOD PRESSURE OR HEART MEDICATION WITH A SMALL SIP OF WATER. ALL OTHER MEDICATIONS TO BE RESUMED AFTER THE PROCEDURE.**